

The Bradley Method®
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Husband-Coached Childbirth

Class Schedule:
We meet once per week for 12 weeks.
Wednesday Evenings 7:00-9:00pm.
At my home in Costa Mesa.



July 9 – Sept 24, 2008
Oct 1 – Dec 10, 2008
Jan 7 – Mar 25, 2009
Apr 1 – June 17, 2009
July 1 – Sept 16, 2009
Sept 30 – Dec 16, 2009

For information about local classes contact:

Dr. Jennifer Angell
Prenatal & Pediatric Chiropractor, Certified Doula
www.adjust4kids.com

W: 949.724.0010 C: 949.533.6573

Your local Bradley Method® instructor is a professional person or couple trained to help pregnant couples obtain the birth experience they desire. These instructors have gone through intensive training by the American Academy of Husband-Coached Childbirth® and are required to re-affiliate each year in order to continue teaching The Bradley Method®. This insures you a professional instructor who meets the high continuing education requirements of the Academy. Ask to see your instructor's current certificate of affiliation.

If you are interested in a natural, healthy childbirth: contact your local instructor or the Academy for a national directory of Bradley® teachers.

American Academy of Husband-Coached Childbirth®
Box 5224 Sherman Oaks, CA 91413-5224
(800) 4-A-BIRTH (818) 788-6662
www.bradleybirth.com